

# Week at a Glance Report for: Regular

Facility: PCBTY

Week 1

Printed: 01/25/2022

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Cycle: Preferred FW 2021-22

1) Approved by

Day: 1	Day: 2	Day: 3	Day: 4	Day: 5	Day: 6	Day: 7
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Homestyle Pancakes Breakfast Syrup Margarine Cup Bacon Strips Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Western Omelet Home Fried Potatoes Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Belgian Waffle Sausage Links Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Scrambled Eggs & Cheese Hash Brown Patty Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Cinnamon French Toast Corned Beef Hash Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Farmers Scramble Toast Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Sausage Gravy & Biscuit Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homestyle Meatloaf Mashed Potatoes Capri Vegetables Iced Yellow Cake Milk (4) Beverage of Choice Baked Chicken Leg	Tortellini with Marinara Sauce House Salad w/Dressing Chilled Peaches Beverage of Choice Milk (4) Turkey Burger	Eggplant Parmesan Spaghetti w/Marinara Sauce Peas & Carrots Sherbert Garlic Bread Milk (4) Beverage of Choice Chicken Pot Pie	Roast Beef Au Jus Red Bliss Potatoes Creamed Spinach Assorted Cookies Milk (4) Beverage of Choice Quiche Lorraine	Chicken Cordon Bleu Broccoli Sliced Pears Milk (4) Beverage of Choice Swedish Meatballs w/Brown Gravy Egg Noodles	Catch of The Day Herbed Couscous Coleslaw Fruit and Yogurt Parfait Milk (4) Beverage of Choice Hamburger on Bun Lettuce-Tomato-Onion French Fries	Sloppy Joe Tater Tots Seasoned Green Peas Pineapple Chunks Milk (4) Beverage of Choice Grilled Cheese Sandwich
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pulled BBQ Pork on Bun French Fries Coleslaw Fruited Jello w/Topping Milk (4) Coffee or Hot Tea Quesadila	Cheese Steak Sub Tomato, Cucumber and Onion Salad Potato Chips Vanilla Pudding Coffee or Hot Tea Milk (4) Tuna Salad Plate	Baked Fish with Lemon Butter Yellow Rice Green Beans Chocolate Brownie Coffee or Hot Tea Milk (4) Hot Dog On A Bun Dill Pickle Spear Baked Beans	Sliced Turkey Stuffing Sweet Potatoes Fruit Mix Coffee or Hot Tea Milk (4) Hamburger on Bun French Fries Lettuce-Tomato-Onion	Salisbury Steak Whipped Potatoes Seasoned Baby Carrots Tapioca Pudding Coffee or Hot Tea Milk (4) Deli Sandwich Pasta Salad	Baked Chicken Leg Oven Roasted Potatoes Green Beans Ice Cream Coffee or Hot Tea Milk (4) Cheese Pizza Caesar Salad	Chicken Mac & Cheese Garlic Bread Carrot Cake Coffee or Hot Tea Milk (4) BLT Sandwich Potato Chips

**Menu Extension Footnotes**

**Regular Diet:** Receives a salt packet at each meal as resident desires. **Regular NAS Diet:** No salt packet on tray

**CCD Diet:** Receives diabetic condiments and provides half portions of dessert items.

**Heart healthy:** Low fat milk options. Limits egg yolks. Half portion desserts and no salt pkt. **Cardiac Diet:** Reduces high sodium meats, condiments and no salt pkts.

**Renal Diet:** Limit per RD recommendations; Limit tomatoes, oranges, and bananas, no sweet potatoes or potatoes .

**Mech Soft Texture:** Foods are soft, tender and moist throughout. Meats are ground. **Ground Texture:** Foods are soft and moist. Meats are ground sides are pureed.

**Finger Foods:** Provide 1-2 food items that can eaten with hands with remainder of foods served in bowls or ramekins.

**\*\*Review Diet Manual for further direction\*\***

# Week at a Glance Report for: Regular

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Week 2

Printed: 01/25/2022

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Cycle: Preferred FW 2021-22

1) Approved by

Day: 8	Day: 9	Day: 10	Day: 11	Day: 12	Day: 13	Day: 14
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Waffles Breakfast Syrup Margarine Cup Turkey Bacon Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Western Omelet Toast Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Buttermilk Pancakes Sausage Links Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Fried Eggs Toast Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Scrambled Eggs Sauteed Peppers & Onions Home Fried Potatoes Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	French Toast Breakfast Syrup Margarine Cup Bacon Strips Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea	Egg & Cheese With Pork Roll Seasonal Fruit Hot or Cold Cereal Juice of Choice Milk (8) Coffee or Hot Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Baked Ham Oven Roasted Potatoes Herbed Whole Green Beans Pumpkin Pie Milk (4) Beverage of Choice Hamburger on Bun Lettuce & Tomato French Fries	Herb Baked Chicken Orzo Baby Carrots Assorted Pudding Milk (4) Beverage of Choice Ham Salad Sandwich Garden Salad	Savory Shepherds Pie Brussel Sprouts Ice Cream Milk (4) Beverage of Choice Deli Sandwich Lettuce-Tomato-Onion	Sliced Turkey Vegetable Medley Baked Sweet Potato Lemon Cake Milk (4) Beverage of Choice Catch of The Day	Hot Dog On A Bun Baked Beans Sauerkraut Frosted Chocolate Cake Milk (4) Beverage of Choice Tuna Salad Platter	Catch of The Day Red Beans and Rice Corn Apple Pie Milk (4) Beverage of Choice Grilled Lemon Chicken	Homestyle Vegetable Lasagna Italian Blend Vegetables Garlic Bread Sherbert Milk (4) Beverage of Choice Turkey Burger
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Italian Sausage, Peppers, and Onions Buttered Noodles Chocolate Chip Cookies Coffee or Hot Tea Milk (4) House Chef Salad	Fish N Chips Creamy Coleslaw Fruited Gelatin Coffee or Hot Tea Milk (4) Texas Style Meatballs White Rice Mixed Vegetables	Ravioli w/Cream Sauce Mixed Salad Greens w/ Dressing Garlic Bread Fruit and Yogurt Parfait Coffee or Hot Tea Milk (4) Grilled Chicken Breast	Meatloaf Mashed Potatoes Broccoli Spears Fruit Cocktail Coffee or Hot Tea Milk (4) Bologna & Cheese Sandwich Lettuce-Tomato-Onion Potato Chips	Seasoned Chicken Thigh New Potatoes w/Dill Green Beans Diced Peaches Coffee or Hot Tea Milk (4) Turkey Burger Lettuce & Tomato French Fries	Meatball Sub w/ Provolone French Fries Diced Carrots Banana Pudding Coffee or Hot Tea Milk (4) House Chef Salad	Roast Pork Sweet Potato Wedges Seasoned Green Peas Baked Apple Milk (4) Coffee or Hot Tea Grilled Chicken Wrap

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